

FRENCH BULLDOG TRAINING

Stubborn Frenchie Owner Guide



French Bulldog Training: What's Different

French Bulldog training is a study in motivation. Frenchies are intelligent enough to learn anything — they just often choose not to. Combined with their flat faces (which limit exercise tolerance and overheats them quickly) and short attention spans, Frenchies require a different approach than high-drive breeds. The good news: they're intensely food-motivated and crave human attention.

3 truths every French Bulldog owner needs

- **Stubbornness is real.** Frenchies were bred as companion dogs, not working dogs. They have no genetic motivation to please you. They'll do what you ask if it's worth their while — and they're quick to decide it isn't.
- **Heat sensitivity limits training.** Brachycephalic dogs cannot regulate temperature well. Train indoors above 75°F. Watch for excessive panting or thick saliva.
- **Sessions must be short.** 5-8 minutes max. Frenchies tune out longer sessions fast. Three short sessions beat one long one.

Want video demos for stubborn breeds?

The Fast Dog Training program covers French Bulldog-specific training with video demos. Used by 50,000+ owners.

→ [See the Training Program](#)

The 10-Week French Bulldog Training Plan

Designed for an 8-week-old French Bulldog puppy. Sessions are 5-15 minutes (longer as the puppy ages). Three sessions per day minimum.

Weeks	Focus	New Commands
1-2 (8-10 wk)	Crate + potty schedule + name	Crate, potty, name
3-4 (10-12 wk)	Sit + leash intro + bite inhibition	Sit, leash
5-6 (12-14 wk)	Come + Down + Leave it	Come, Down, Leave it
7-8 (14-16 wk)	Place + Off + manners	Place, Off
9-10 (16-18 wk)	Heel + public-place exposure	Heel, Wait

What Actually Motivates a Frenchie

Frenchie's don't work for kibble. They don't work for praise alone. They don't work because they 'love you.' They work for high-value food and predictable patterns. Use the right currency.

- **High-value food rewards:** Real chicken, hot dog pieces, cheese, freeze-dried liver.
- **Use a clicker:** Marks exact moments of correct behavior. Frenchie's respond well to precision.
- **Keep reward rate high:** Reward every correct behavior in early training. Fade gradually only after reliability.
- **End on success:** Stop the session while the dog is winning. Quitting on failure produces resistance.
- **Make it predictable:** Same time, same place, same routine. Frenchie's thrive on patterns.

Potty training reality

Frenchie's are notoriously slow to potty train — plan for 4-6 months of consistent work, sometimes longer. Strict scheduling, crate training, and high-value rewards for outdoor success are non-negotiable. Cold/wet weather makes Frenchie's reluctant to go outside, leading to indoor accidents. Plan for it.

The training program for companion dogs

Video demos, breed-specific guidance, and lifetime access. The training program for French Bulldog owners.

→ [See the Training Program](#)

5 Frenchie Training Mistakes

Avoid these to maximize success with this stubborn breed:

- **1. Long sessions.** 30 minutes of training works for Border Collies. For Frenchies, 5-8 minutes is the sweet spot.
- **2. Low-value rewards.** Kibble doesn't motivate Frenchies. Real meat or nothing.
- **3. Outdoor training in heat.** Frenchies overheat fast. Indoor training above 75°F.
- **4. Expecting them to please you.** Frenchies don't have that wiring. Use motivation, not relationship.
- **5. Skipping crate training.** Crate is THE foundation of fast potty training for slow-bladder breeds.

Where to Go From Here

This 10-week plan covers the foundation. After that, your French Bulldog has the basics to build on for the next 12-24 months. Most French Bulldogs reach mental maturity around age 2-3.

Get Fast Dog Training

Step-by-step training program with video demos for every command, French Bulldog-specific guidance, and lifetime access. Used by 50,000+ owners.

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